



# KITTEN PARENTHOOD *Year One*



**From when cats are born to when they reach full maturity, kitten growth stages happen quickly, especially during their first weeks.** Whether you have a newborn kitten or one that's a little further along, it's important to track behavioral and growth milestones.

If you're a new kitten owner, here are some insights and things to expect as you track your kitten's development.

## 1 to 6 Months

### PLAY & CONFIDENCE

Improving balance, movement, and social abilities with pets and humans

Rapidly growing and maturing

Being comfortable with their litterbox

Vaccinating per veterinarian advice

Fully transitioned to eating kitten food

*(which has a specific nutrient profile to support their physical and mental development)*

## 7 to 10 Months

### GROWTH SPURT

Continuing to work on socialization

Needing physical and mental enrichment through play

Eating more

*(learn how wet food helps keep them hydrated)*

## 11 to 12 Months

### BECOMING A CAT

Learning more and exploring their world

Transitioning to adult cat food at maturity

*(scan the QR code for more information)*

Growing into who they will be

*(including their physique, relationship with their litterbox, and how they express themselves)*



Want to dig deeper about kitten care? For more kitten insights from our experts, visit our **Pet Expertise page**.



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